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# Darishioner YARPOLE LUCTON CROFT BIRCHER BICTON

March 2024

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And all our regular features



#### HELP!

#### The Parishioner Needs You!

For the first time in many years The Parishioner lost money in 2023! We ended the year with a loss of £311. This was the result of increased printing costs and a reduction in advertising income. We need your help to ensure we don't repeat this in 2024. We have had, this month, another increase in our printing costs of 5.5%. The magazine will not survive if we continue to lose money. Our only income comes from advertising and your donations. We receive no money from any other source. The Parishioner is delivered free of cost to every household in the parish. The annual cost for each household is £7 per year. Please consider donating this sum, or a little more if you can, to ensure the future of our wonderful magazine. Last year less than 20% of households made a donation! Let us change this for 2024! If most households make a donation our funding will be secure for the year. Thank you!

Donations can be made in the following ways:

- By post, cheques made out to Yarpole PCC, to Adam Scott, Undercroft, Green Lane, Yarpole, HR6 0BJ.
- Handed in at the shop in an envelope marked Adam Scott (cash or cheque).
- By bank transfer to CAF Bank, sort code 40-52-40, account 00013394, Croft with Yarpole & Lucton PCC, reference DP.
- If you live in Lucton, you can give your contribution to Morwenna Lloyd.

There is a slip which you could use to accompany donations at the bottom of page 3.

Anyone who prefers to contribute the odd pound or loose change now and again can of course use the collection tin in the shop.

Many thanks—Adam Scott



#### From the Editor's Chair

Welcome to the latest issue of the newsletter. It's packed as usual with news of local events and services and many of our readers tell us how much they value it, so please — If you can — respond to Adam's plea on the page opposite this one.

Donations will, of course, be very welcome, but we would also welcome any ideas for generating additional income to offset our printing costs. Following the success of the Yarpole Parish Seasonal Recipe Book, one possibility would be a Special Edition of The Parishioner. For more about this, see the item on page 39 (inside back cover) and send us your suggestions for a captivating theme!

Lynne

To send in articles and news items, please **leave in the box at the** shop or email **newsletter@yarpole.org** 

The deadline for all submissions is **the 10th of the previous month**.

There is no newsletter in January or August

## **ADVERTISEMENTS**

To place a commercial advert in The Parishioner, please email **newsletter@yarpole.org** and we'll send you more information.

Prices start at £5 for a 1/2 page ad.

We also print small ads for parishioners for which we suggest that a small donation is left in the yellow collection box in the shop.

The Parishioner - donation to printing costs		
Name		
Address		
Phone Number		
Email address		
Amount		

Adverts are not read out in the audio version, so here are contact details for some essential services:

**Electricians**: KC Electrical 07446 130883; Ian Mackay 07736 303297 or 07396 578662

**Gardening:** Shaun Yapp 01568 780929 or 07876197770

House cleaning: Pristine Clean 07733194057

Oven cleaning: Oven Wizards 01885 400337, 07817 477850 Chimney sweep: Phil Mundy 01568 780417 or 07837 935102

**Firewood**: Pete Merriman 01568 780414; Steve Mantle 07980 775838; Dave Ward 07866 441154 **Mobile hairdresser**: Dawn Goodwin 01568 770387; Cheryl Finnegan 07858405881

Foot health: Stacey Gardner 01568 368306 or 07540566871

Osteopaths: Leominster Osteopaths 01568 610610

Solicitors: Gabbs 01568 616333; Norris Miles 01584 810575

**Funeral services**: Victoria Allen 01584 879035; Oak Tree 01568 250030 **Plastering and damp proofing:** Daniel Newman 07701 097 897

**Bookkeeping**: Emma Mantle 07773 708 845 **Elderly Care:** Helen Gray 07821133212

#### **Calling Facebook Users**

To obtain Yarpole news on Facebook, search for





**'Yarpole Community'** See what's on! See what matters in Yarpole! Contribute to the page. Like us and become a friend.



#### The Parishioner on Audio Disk

The Parishioner is also available as an audio disk for parish residents with sight problems. If you'd like to receive it in this format, or know someone who would, please let us know at **newsletter@yarpole.org**.



#### Stay in touch: Yarpole WhatsApp Group

Enjoy chatting and sharing photos with members of our community via the Yarpole WhatsApp group. We now have over 90 members. To join this group, please send a message with your mobile number to **Katie Daniels 07786515922** 

#### Don't miss out on what's happening!

To be added to the events mailing list, email events@yarpole.org.

#### What's On



#### THE BIRCHPOLE SINGERS

St. Leonard's Church

#### Wednesday evenings 7.10 - 9.30 pm

We are a friendly village choir who meet

weekly for an eclectic mix of music, from Verdi to Les Misérables! New members are always welcome and there are no auditions.

Do come and join us!

Contact: Steve Walter, stevewltr7@gmail.com Tel: 07791490439



#### **Walking Group**

We meet regularly on the 2nd Friday and 4th Sunday of every month, normally at 10:30 by the church.

March walks

Friday 8th, Sunday 23rd

All are welcome to join our walks but please phone to check details, if you are not on the email list

Contact: Viv 782271 or seiftonbatch@gmail.com

#### **Police Community Support Officer meetings**

Our local (Leominster) PCSO Steph Harper aims to visit the Gallery Café every 5 weeks on a Wednesday at 11.00. Her next visit, all being well will be on **Wednesday 6 March.** Join her in the café for a coffee and a chat.

Pete Lloyd





#### House Church

Come along and sing (optional) a couple of familiar hymns and look in detail at the text and what it means to us, and how it can fit in with our everyday lives.

2nd and 4th Tuesday in the month

Next meeting 13th February, 7.30 in St Leonard's Church. Everyone welcome.



#### The Great Escaper (2023) Cert: 12A — 96 min



FLICKS IN THE STICKS

Sat 6th April - 7.30 pm Yarpole Parish Hall

Admission: Adults: £13 Child: £10 Enquiries: 01568 780250 and 07495 437359

This is a Flicks and Food presentation. Film £5; Food £8.

Food must be booked before. You can just see the film if you wish. Film starts at 7.30pm, meal served at 6.30pm

Michael Caine and the late Glenda Jackson star in this inspirational retelling of a D-Day veteran's remarkable exploit. In the summer of 2014 – the 70th anniversary of the D-Day Landings – Bernie Jordan made headlines after staging a "great escape" from his care home to join fellow war veterans on the beach in Normandy to commemorate their fallen comrades. With great chemistry between Caine and Jackson as Rene, Jordan's spirited wife of 60 years, Oliver Parker's (Swimming With Men, Dad's Army) warm, bittersweet film salutes an adventure that captured the imagination of the world while exploring the lasting trauma of war.

Most of the films that have been shown at Flicks are now available to borrow from the Parish Hall library whenever the building is open for an event.

#### What's On





### Come and **Be Still**

Some music, a reading, a prayer and time for your own quiet reflection.

Monthly, on the first Wednesday, 5.30 - 6pm

St Leonard's Church, Yarpole

#### **Arts Society lectures**

Lively and interesting illustrated lectures on arts-related topics at Ludlow Assembly Rooms, 2.15 on the 3rd Wednesday of the month. Lectures from nationally recognised experts take about one hour.

Next meeting on Wed 20 March 2024

Le Théâtre de la Mode: Post War Haute Couture in Paris

Visitors are welcome, paying £8.00 on the door. Membership, which buys you eight lectures and reduced fees for outings and study days, costs £45.

More information: <a href="https://www.theartssocietytemevalley.org.uk/">https://www.theartssocietytemevalley.org.uk/</a>
For help with transport contact:





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Hello everyone. "Beware the Ides of March". If your name is Julius Caesar, that is. The Roman statesman was brutally murdered in Rome on the Ides (March 15<sup>th</sup>) in the year 44 BC, a date which, quite literally, has gone down in history. To commemorate this event, and to indulge my passion for anything to do with Roman history, I am going to

recommend some books about Ancient Rome. I hope you enjoy my selections.

The Confessions of Young Nero by Margaret George - This historical fiction novel, the first in a duology, tells the story of the life of the notorious Emperor Nero, from his childhood through to the outbreak of the Great Fire of Rome in 64 AD. The author's aim was to create a fresh perspective on Nero's life and character, and she more than succeeds in this endeavour. It might be historical fiction, but she has certainly done her research, and all of the noteworthy events that occurred during this part of his life are covered. Whether you agree with her interpretation of Nero or not, this is an entertaining, thought-provoking read about one of the most infamous and controversial figures of the ancient world. The second book picks up right where this first book leaves off, and follows Nero through until the end of his life. The pair of them together are well worth a bit of of your time and attention.

**Pompeii** by **Robert Harris** - Set in the year 79 AD, this breath-taking, action-packed novel takes the reader on a thrilling journey back in time to the final days of the city of Pompeii. Told through the eyes of a mixture of fictional and real life characters, the horror and terror that unfolded during the cataclysmic eruption of Mount Vesuvius are brought vividly to life, so much so that anyone who picks this book up will have a very difficult job on their hands when it comes to putting it back down again. Harris has a somewhat sparse style of writing, in that his prose is not overly wordy or flowery, but I think it works exceptionally well for a story such as this. The starkness of the writing really reflects the bleakness of the situation the people of Pompeii found themselves in. Their fear and desperation permeates many a page. This was a favourite read of mine in 2023, and I take great pleasure in recommending it to you today.

The Mad Emperor: Heliogabalus and the Decadence of Rome by Harry Sidebottom - When it comes to "mad" emperors, Ancient Rome has plenty to choose from. This new biography focuses on one of the lesser known ones, Heliogabalus, a teenager whose behaviour was said to have been so bizarre, he makes the likes of Caligula and Nero look positively normal. But how much of what we know about him is true, and how much of it is invention by ancient writers harbouring a grudge? That is what this book aims to find out. What follows is a well-researched, informative and enjoyable deep dive into the life of this often overlooked historical figure. Harry Sidebottom presents the evidence in a thoughtful and accessible way, allowing readers to make up their own minds about what might, or might not, be the truth, and this results in a thoroughly enjoyable read from the first page to the last. Please pick this book up and give it a go. You will not be disappointed.

Caesar by Adrian Goldsworthy - There are plenty of biographies of Julius Caesar on the market. In my opinion, this is one of the best. Adrian Goldsworthy is a highly respected figure in his field, and his expertise really shines through here. He delves deep into the background of Caesar, which allows the reader to fully understand why he became the man we all know. In other words, we see him as a human being, rather than as a godlike figure. This is popular history at its very best. I cannot recommend it to you highly enough..

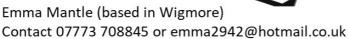
Lisa North

#### **BOOKKEEPER / ADMINISTRATOR**

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#### **LOCAL NEWS AND NOTICES**

#### **Spring Plant Fair**

**24th April 2024 10.30am- 4.00pm**BROXWOOD COURT nr Pembridge HR6 9JJ

#### A special day for gardeners!

Discover beautiful, interesting and unusual plants. Meet producers of garden-related products and explore the stunning and rarely opened Broxwood Court garden and arboretum. Specialist horticultural talks from 1pm.

#### Lunch and refreshments on sale all day.

All proceeds to The Cart Shed (Reg Charity no 1167802) Tel: 01544 318 231

Entrance £7.50 per person. www.thecartshed.co.uk







#### LEOMINSTER SHOPMOBILITY



Did you know that you can borrow disability equipment and medical supplies, from Leominster Shopmobility?

Leominster Shopmobility is here to make life just a little bit easier. Whether you require mobility aids for short term use such as shopping in Leominster or for longer periods of time whilst recovering from injury, surgery, or short-term illness, you can access our service.

We provide mobility scooters, wheelchairs and powered wheelchairs.

We stock items for sale such as RADAR keys and toilet raisers. We also act as an information centre for the disabled and/or their carers.

#### **Opening Times:**

Open Monday - Saturday: 10am - 1pm Closed Sundays and Bank Holidays

Our office is situated in the Central Car Park in Leominster town centre (adjacent to Morris Mews and near to the Library)

THE SERVICE IS AVAILABLE FREE TO ANYONE WHO NEEDS IT

Morris Mews, High Street, Leominster HR6 8LZ. TEL: 01568 616755

#### Health & Wellbeing Coaching

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#### MORTIMER MEDICAL PRACTICE

#### Patients' Participation Group (PPG) March 2024

#### **Appointments**

Did not attend (DNA) appointments are still of concern. PLEASE cancel if you are unable to attend. From 12/10/23–25/01/24 there were 530 DNAs which equate to 8 full-day clinics based on 10-minute appointments but several missed appointments were 15, 20 or 30 minutes. Number of DNAs are now being shown on the surgery screens.

#### **Dispensing Automation**

This is being considered in the light of positive feedback. It will not affect price or reduce the current service.

#### Covid and Flu Vaccinations

Poor uptake especially in under 65s. Plans are being made for the Spring Covid booster.

#### **Staff Update**

Dr Black is leaving the NHS in June, Dr Kemp is reducing her hours. The practice will be advertising for a new GP partner. There are two new receptionists, Laura and Nicola.

#### **Training Afternoons**

The practice will be closed from 12 noon on the following dates. A receptionist will field all calls until 6pm, then ring 111.

April 16th July 17th October 17th

Date of next Meeting: May 15th

Gilly Lloyd 01568 780328 gillymi.lloyd@yahoo.com



Interested in birds? Want to share and improve your knowledge?

Come on our field trips, indoor and zoom meetings.

Engage in conservation and survey work.

Join us at HOC to meet a group of like-minded people www.herefordshirebirds.org or email membership@herefordshirebirds.org

To join a field trip as a guest contact vivquinninwellington@hotmail.co.uk

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Cakes, traybakes and treats available all day along with a vast a ray of drinks including freshly ground luxury coffee and our speciality thick milkshakes.

You don't need a main course to enjoy our **Deluxe Whippy ice-cream** in a classic cone or as a sundae pot.

We've also teamed up with a number of dealers bringing a great range of **salvage items** and **garden accessories** as well as a number of **artists** and **crafts professionals**.

Open Wednesday to Sunday 9.30am to 5pm (Saturday and Sunday 4pm Close)



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If you want full control over the care and support that you or a loved one receives, then the best way of doing this is to hire your own private carer. Fully qualified foot health practitioner.

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Ring Nina 07375 520 646

### Grafted Apple trees

2-3 year old named dessert, cookers, cider varieties In pots - £20 (discount for bulk)

Trees in pots are easy to look after until you've decided where to plant them! Discovery, Ashmead's Kernel, Russets, and many more...

Root stock: M25 vigorous; M111 & M106 semi-vigorous Advice on tree/orchard management also provided

Contact Chris, 01584 831195

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CERTASS

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Post Office

#### **Calling All Yarpole Community Shop Shareholders!**

A big "Thank you!" to those of you who have responded to the emails sent in December and in January requesting confirmation that you wish to remain on the Shareholder Register and confirming all your contact details.

Please do reply if you have not already done so. I will be sending a third email in February, so please check your inboxes and junk folders.

If I do not hear from you, in line with Plunkett guidance, I will assume that you no longer wish to remain on the register. However, members can be reinstated at any time.

If you have not received an email, I may not have your email address, so do please contact me if that is the case.

Lindsay Slade, Company Secretary to Yarpole Community Shop Association Ltd. laraffle@hotmail.com

#### Don't just wait around

Rather than waiting in if you are expecting a parcel due to be delivered by Royal Mail, you can have it delivered to Yarpole P.O. instead. There is no extra charge and it means you don't have to spend the morning waiting in for the post.

Equally, rather than traipsing into town to return parcels via Evri, you can often click the "Royal Mail" option instead and save yourself a longer journey.

Remember we also accept Amazon deliveries and returns as well as M&S, etc.

Shop

Bear in mind too that cash withdrawals, cheque and cash deposits and checking your balance are additional services that the P.O. offers, no matter which bank you are with and at no extra cost to you.

#### **SHOP AND POST OFFICE OPENING HOURS**

**Monday - Friday** 9am - 5pm 9am - 12noon

Saturday 9am - 1pm 9am - 12noon

Sunday/Bank Holidays closed except for pre-ordered newspapers

Tel: 01568 780148 Email: yarpoleshop@mail.com

Website: www.yarpole.com



## Gallery Café, Saint Leonard's, Yarpole Tasty Tuesday at the Gallery Café

Our Tasty Tuesday events continue with the 2-course meal at the café. February was completely booked out and we hope that the March event will be just as popular. You can bring a friend or come alone, we have two large tables so that everyone can socialise and enjoy shared company.

Our next event will be on Tuesday 12<sup>th</sup> March. It will include our usual offering of a home-cooked hearty lunch and a dessert along with a hot drink. Places will be limited so please book early. As we replaced last month's menu we are offering the published menu for March.

Main course: Dessert:

Roasted vegetable lasagne served with garlic Raspberry Cheesecake served bread, buttered new potatoes and salad garnish with vanilla ice-cream or cream

£12.95 for a main course and hot drink £14.95 for both courses and a hot drink

To book please email: <a href="mailto:gallerycafe@yarpole.org">gallerycafe@yarpole.org</a>, call the café during opening hours on 01568 780594 or drop in to see us in person.

#### **Regular Opening times:**

Monday - Wednesday: 10.30 - 12.30 for drinks, homemade cakes and scones.

<u>Thursday and Friday</u>: 10.30 - 15:30 with light lunch to eat in or takeaway, between 12.00 and 2.00pm.

<u>Saturday Brunch</u>: 10.30 - 12.30 for our tasty bacon rolls, croissants and the famous "revved up" cheese scones.

Payments accepted in cash and card.
Check www.yarpole.org, WhatsApp,
Yarpole Facebook https://www.facebook.com/GalleryCafeYarpole/

#### Let the Bells Ring Out

Congratulations to our esteemed team of bell chimers (not ringers, there's a difference) who were featured on Radio 3 Sunday Breakfast on Sunday 4<sup>th</sup> Feb. Many thanks to Sue Russell who made the recording and wrote up a few words about our Bell Tower. The team is made up of Caroline Seaman, Glenys Plant, Joan Waters, Nic Treece and Rose Jenkins. Fame has certainly not gone to their heads....but they will be signing autographs next time they ring.



Here is the link if you missed it and the item is approximately 43 minutes into the programme: https://www.bbc.co.uk/sounds/play/m001vv0n



March ends with Passiontide and Resurrection Sunday, which we call Easter. This commemorates the most important event of human history, when God in Jesus gave his own life, submitting to execution by crucifixion, which was one of the most cruel forms of execution ever devised. He, who was completely sinless, took on himself on the cross the sin of the entire world through all time, in order to provide for everyone who wishes the way to be reconciled to God.

God is perfect and will not tolerate any sin. Sin is anything that does not match His own perfect character. Yet no one is able to meet His standard, and therefore no one is fit to come into His presence. His perfect justice demanded that everyone should suffer the punishment for their sin, which is eternal death, but His perfect love and mercy provided a way for Him to take all that sin on Himself, through the cross.

Every human religion teaches things we must do to try to earn a place with God. But God says that there is no way anyone can deserve to be with Him. Instead He gives us rescue from sin and its penalty as a free gift. The only condition is to trust in Jesus.

Romans 5:6-10 For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die—but God shows His love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by His life.

John 14:6 Jesus said to [Philip], "I am the way, and the truth, and the life. No one comes to the Father except through me."

After His death, Jesus was buried and in the tomb for three days, until He rose from the dead, in a glorified and immortal resurrection body. Thus He gained the victory over death. Everyone who trusts in Him will share in that victory and will also be credited with Jesus' own perfect righteousness and made fit to be in God's presence for ever.

There are special services for Easter at our churches. On Good Friday, which is the day when we remember Jesus' death, there is a time of reflection in Yarpole church at 11 am. On the Saturday there is the Easter vigil in Croft church at 6:30 pm, and on Easter Sunday there will be a communion service in Yarpole at 9:30 am.

After Easter we will be running a course for people to learn about Christianity. This will be fortnightly on Mondays, but the exact dates and times will be in next month's magazine.

Oliver Elphick



#### **Ongoing improvements**

An old building like St Leonard's always has a long list of repairs and maintenance tasks that need doing. Some of them are relatively minor and don't cost a lot to do, but others are major and need considerably more money. Currently we've got two major improvements in hand: replacing the folding chairs and upgrading/replacing the sound system.

The folding chairs are getting to the point where they're starting to fail, and we've selected some chairs that we would like to buy to replace them. Instead of folding chairs, we've chosen chairs with a metal frame and wooden seats and backs that stack on a trolley. They have them in St Laurence's in Ludlow, and we think they're better-looking, more comfortable and more robust than the current black folding chairs. Instead of being stored in the balcony, they will stand in a corner downstairs which means that they should be much easier to access than the folding chairs currently are. This will be a major purchase, funded by a very kind donation that we have been given. Unfortunately we can't proceed immediately because the rules require us to apply for a faculty (permission from the Church of England authorities) before we can buy them. It's likely to be at least four months before we hear the results of our application, but we very much hope that before too long we'll be the proud owners of 40 new chairs.

A reliable sound system is essential for all the big events that take place in the church. The current system has been unreliable for years and it's about time it had a major overhaul. We won't know exactly how much needs replacing until the contractor starts to investigate, and we'll be let you know more in due course. For more information about this or any aspect of our work, please get in touch with one of the trustees: Trevor Edwards (<a href="mail4trevor.edwards@gmail.com">mail4trevor.edwards@gmail.com</a>), Andrew Praill (<a href="mail4trevor.edwards@gmail.com">enmorevet@outlook.com</a>) or Sue Russell (<a href="mail4trevor.edwards@gmail.com">suetrustee@btinternet.com</a>). Alternatively, please visit our website <a href="mail4trevor.edwardsyarpole.com">www.stleonardsyarpole.com</a>.

Finally, did you see our article in the last edition explaining how we need some new trustees to join us? Our constitution requires us to have at least three trustees, and when the first trustees retire in August that will only leave one. If St Leonard's Management is to continue, we need new recruits. Please get in touch (contact details above) for an informal chat.

Sue Russell

#### **PARISH HALL**



#### **Programme for March 2024**

Mondays	Zumba	6.00 - 7.00 pm	
	Yoga	7.30 - 8.30 pm	
Wednesdays	Tai Chi	10.00 - 11.00 am	
Thursdays	Pilates	10.45 - 11.45 am	
Fridays	Bowls	7.30 - 9.30 pm	

#### Other Events in March

Tues 5th March	Parish Council	7.00—10.00 pm
Fri 22nd March	The 4 Cs	11.00—12.00 am



#### Friends of the Hall

The Parish Hall has an excellent hard-working committee, which gives a lot of time to arranging events, tending to the upkeep of the building and grounds, managing bookings and accounts etc. etc.. On some occasions however, we could really do with a little bit of extra help. We would like to draw up a list of "friends of the hall" who we could call on if we suddenly found ourselves needing extra support for a particular occasion.

If you feel you could become a "Parish Hall friend" and would be happy to go on a list of people who we could call on from time to time, we'd love to hear from you - please contact Jill on 01568 780250 or jill13.grant@gmail.com.

Thank you for any support you might be able to give us.

Parish Hall Management Committee

#### **PARISH HALL**



#### **Future Dates For Your Diary**





The Parish Hall committee has planned a proposed calendar of events for the year ahead, which we thought might be helpful to share with everyone so that you know what's going on. Further information on each event will be available nearer the time for you to look out for.

6<sup>th</sup> April – Flicks & food

22<sup>nd</sup> June – Summer Evening BBQ

28<sup>th</sup> September – Flicks & food

23<sup>rd</sup> November - Flicks & food



To make a booking please contact Amanda Hordern

01568 701996 / parishhall@yarpole.org. Or go to <a href="www.yarpole.com">www.yarpole.com</a> and click on 'Church & Parish Hall Bookings' to book online.

If you are interested in joining one of the classes, please email Amanda who will put you in touch with the class organiser.

#### 200 Club

The 200 club winning numbers for February were:-

172 £50, 8 £20, 98 £15, 108 £10



Don't forget that books can still be taken out from the Parish Hall library whenever the building is open for an event. Just sign in the book and there is no time limit.

DVDs and blue rays of recent Flicks films are also available to borrow.



The latest winner of the Gallery Café draw is Fran Kay - congratulations! £10.00 to spend at the café!

#### Yarpole Group Parish Council—February meeting

The February Parish Council meeting saw a range of topics discussed, from infrastructure issues including road conditions and drainage concerns to community projects.

The Chairman announced the resignation of Councillor Andrew Daniels who was thanked for his work on the council, particularly his efforts in advancing the Community Meadow project, and for his contributions to the Parish. At the close of the meeting Cllr Audrey Bott announced that she will be stepping down as Chairman, whilst continuing to support YGPC as a councillor. A new chairman will be elected at the March meeting. Cllr Bott was thanked for her chairmanship over recent months.

Ward Councillor Dan Hurcomb provided insights into the forthcoming Herefordshire Council budget discussions. He will provide a report after the budget meeting on 9 February.

Several planning applications were reviewed, with decisions made to support or object to proposals. Details are available in the Minutes which are uploaded to the website each month. The application 'Land Adjacent to Maunds House' is yet to be determined. Cllr Hurcomb has requested that it be considered by the Planning Committee rather than by an individual officer under delegated powers. The Parish Council is dissatisfied with the level of response from Planning Enforcement and a formal complaint will be made highlighting the Parish Council's concerns.

Decisions were taken on the purchase of a defibrillator for Lucton village, utilising a £1,000 grant from the Yarpole Community Shop Association, and the selection of contractors for upcoming tasks, including lengthsman work and maintenance of the Community Meadow. A working group to assess the effectiveness of the existing Neighbourhood Development Plan was formed. Herefordshire's emerging Local Plan will be out for consultation at the end of March 2024, and the Parish Council is encouraged to consider it in depth before responding. If you are interested in this subject do get in touch.

Public Rights of Way were discussed. No reports of problems on the network were received. YGPC agreed its response to the proposed re-location of YP7, from the eastern end of the Meadow to the C1039. YGPC does not object in principle but asks that the width be checked for compliance, and that the overhanging hedge, brambles, and thistles are controlled.

Parish Council meetings serve as vital forums for discussion and decision-making, ensuring that the voices of residents are heard, and local initiatives are advanced. Residents are encouraged to stay informed and engaged in the future of the parishes.

Upcoming meetings are scheduled for Tuesday 5 March 2024, Tuesday 2 April and Tuesday 7 May, all at 7:30pm in the Parish Hall.

All parish council information can be found at www.yarpolegroupparishcouncil.gov.uk.

#### FEEDBACK - Your voice matters!



The Parish Council was fortunate to receive a grant of £10,000 from the <u>Herefordshire Community Foundation</u> for playground equipment at the Yarpole Community Meadow.

Now the project is complete, an end of grant report must be submitted. You can help by providing **FEEDBACK**. Every response will assist the clerk with this task! Please send in your comments to <a href="mailto:clerk@yarpolegroupparishcouncil.gov.uk">clerk@yarpolegroupparishcouncil.gov.uk</a> by Friday 15 March. Thank you.

- 1. Do you make use of the Meadow for any purpose?
- 2. Did you start using the Meadow after the playground was installed?
- 3. Have you returned to the Meadow several times?
- 4. Do you think visits to the meadow have improved your physical health or wellbeing?
- 5. Do you think visits to the meadow have reduced your stress and/or anxiety?
- 6. Has the provision of a playground in the village reduced your car journeys?
- 7. Has provision of the Meadow made you more active?
- 8. Do you meet friends at the Meadow and/or engage with others that you meet?
- 9. Has the Meadow reduced feelings of isolation?
- 10. Do you consider the Meadow to be a benefit to the Community?

Stories and photographs supporting your feedback would be welcome. They would be used as anecdotal evidence in the end of grant report only.

Maggie Brown, Clerk. 07398 222 310

#### **Yarpole Welcome Packs**

If you are aware of new residents who have moved to the parish, please email Sue Langley to be sure they receive a pack: **susanmarylangley@gmail.com**.

#### **Maths Tutor**

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Registered with the British Association of Foot Health Professionals The Committee is delighted to see the Bell at Yarpole coming back to life. The feedback since our chef joined with us to provide a regular food offering has been very



positive. We are aware that there have been teething problems and we apologise to those of you who have had longer waits for your food orders. We would remind everyone that the food is prepared individually and there will be a delay in preparing your meal. We have managed to sort out the issue that we had with the fryer which meant we were unable to serve the Fish Night.

We will be continuing with a themed meal covering a wide range of food types, from Chinese to Indian to the return of a British Fish Night and many more. There will always be vegetarian options available. Keep following our website and Facebook announcements. We are experimenting to see which options prove the most popular.

Saturday evenings see our Supper Club night: restaurant food at pub prices. Again with a regularly-changing menu.

Sundays bring Sunday lunch except on the 4<sup>th</sup> Sunday of the month when we will be serving a brunch. Excellent for walkers and cyclists.

We would appreciate bookings so that we can plan our meals and limit wastage. To book, please complete the booking form on our website, <a href="https://thebellatyarpole.co.uk/">https://thebellatyarpole.co.uk/</a>. Please let us know of any food allergies or requirements when booking.

Don't forget our monthly Quiz evening; now with food. Also watch out for music events at the Bell.

If you don't fancy eating, come and join us for as drink. Relax on one our sofas. Join us on a Wednesday evening for a games social evening. Dogs on a lead are always welcome in the Village Bar but unfortunately not in the restaurant area when there is food service

The Bell is available to anyone who would like to use it for a private event or party. Also if there are any clubs or societies which are looking for a regular home, come and speak to us or complete the enquiry form on the website.

STOP PRESS: Come to the Bell Table Sale on Saturday 23rd March from 1.00pm. Grab a bargain. Anyone from the parish is welcome to join us for free. Stay on for a drink at the pub.

Thank you to everyone who has provided suggestions via the church. Your comments have been noted; unfortunately it has not been possible to reply individually.

We very much hope to see you regularly in the Bell at Yarpole, the hub of our community.

Julian Stokes

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We would like to hold some talks in the Spring, look out for the adverts, they promise to be very interesting – with nibbles of course ©

If you would like to make a donation towards our work, please leave it in the Shop - thank you

#### The 4Cs, Yarpole Parish Hall, fourth Fridays, 11.00am - 12 noon

#### March 22nd

Our local BEE LADY, Meriet Duncan will give us the benefit of her love of bees.

#### April 26th

Rose Jacks will once again lead us in a t'ai chi session, an old favourite activity at 4Cs.

#### MAY 24th

Sebastian Bowen will share some of his long-service experiences as a Councillor, with more than 25 years of representing Bircher Ward.

#### JUNE 28th

Linda Finney and Janet Knight will share their secrets of flower arranging; you might like to try your skills here too.

Come and join us, for 4Cs, COMPANY, CHAT, COFFEE AND CAKE, lots of cake.

Ring Avis on 780874 or Val on 780807 if you need a lift.

If you need us or want to join us, the number is above – we will be glad to hear from vou either way!



## Diocese of Hereford March 2024

#### The Storm Cock sings in March

March is a great month to search for and listen to mistle thrushes. They start to breed in February and by March can be heard proclaiming from the tops of tall trees. Unlike other thrushes such as song thrush or blackbird, mistle thrushes are known for singing during stormy weather, hence the name storm cock. They are also called Throstles, an old word for thrush. By perching high to sing, they amplify their already loud song which can be heard up to 2km away. Compared to other thrushes the mistle thrush's song is more monotonous and piercing but still a joyful sound to hear and a herald of spring. You can identify the three thrushes by their song and once you have learned the difference they are quite easy to separate. Have a listen on the RSPB website as a starting point.

Mistle thrushes favour parkland conditions with big trees and grassland, where they feed on a wide variety of invertebrates. Churchyards and cemeteries can be perfect for them, having mature soils full of invertebrates, few or no pesticides and mature trees for perching and nesting. Many burial grounds contain evergreen trees which were planted during the nineteenth century. These are now mature and offer excellent habitat for thrushes as well as other birds and animals.

Mistle thrushes are currently in decline in the UK and churchyards and cemeteries may be important strongholds for them. We would love to know how many churchyards have mistle thrushes breeding in them, and if you hear one singing, this will be a male proclaiming his territory so a good indicator of breeding. Please let Caring for God's Acre know by making a record on iNaturalist,. You can do this by recording the song or taking a photo of the bird. Alternatively you can email wildlife@cfga.org.uk

All the best,

Harriet Carty ,Diocesan Churchyard Environmental Advisor

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#### ORLETON AND DISTRICT GARDENING CLUB

#### **GARDENING FOR THE FUTURE**

On 30 January ODGC was delighted to welcome back Jack Willgoss of Wildegoose Nursery, Munslow. Twenty years ago Jack and his wife,

Laura, developed a derelict two acre site comprising Millichope Park's former kitchen garden which had been untouched since the 1950s. Their intention was to create a nursery showcasing choice perennials, bulbs and grasses. The site consisted of rough pasture containing little wildlife with derelict glasshouses. The latter were found to be Georgian and have been restored.

The couple who met as horticultural students set about clearing the site for the perennials by spraying the grass with Round Up, common practice twenty years ago before the harmful effects of glyphosate on bees and the soil were fully understood. The ground was dug and flower beds and paths laid out

The area designated as the kitchen garden was cultivated organically as they did not wish to eat fruit and vegetables which had been treated with a cocktail of chemicals.

Ten years on their gardening practice had changed dramatically for two basic reasons, warming due to climate change with the consequent need to conserve water, and concern about the harmful effects of chemicals. The garden is now completely organic. The soil layer is thin, overlying limestone, therefore vegetables are cultivated in raised beds employing the no-dig principle to avoid destroying the soil structure and to conserve moisture. Ornamental plants are watered only when planted, no artificial fertilisers are used, only manure. In late winter the dead perennial stems are cut down and roughly shredded with a lawnmower before being added to the flower borders as a mulch.

Over the last twenty years it has been frequently dry in April and May. Jack feels that there is no room for sentiment in gardening and accepts that if the climate warms much more he will be unable to grow his beloved phlox, of which he has over forty varieties. These require a moist rich soil. At present plants like phlox and helenium receive an extra layer of manure to lock in moisture.

Jack urged us to collect our own seeds as not only are the plants used by the major seed companies often heavily sprayed but also if a plant has done well in our gardens its progeny are likely to do well. Drought tolerant perennials include Filipendula, Sanguisorba, Agastache and Persicaria , also grasses such as Calamagrostis, Deschampsia, Miscanthus and Melica.

The intention was to make a garden to give pleasure to themselves as well as to nursery visitors and the accompanying slideshow illustrated that Jack and Laura have created a garden brimming with colour and texture, a haven for wildlife.

Ghislaine Arundale

On Tuesday, 26th of March 2024 we have a talk entitled 'The Art of Foraging' by Liz Knight who is a wild food expert and author. Orleton Village Hall. 7.15pm for 8pm start..

Non-members £2.50 Annual Membership £15

www.orletongardeningclub.co.uk

#### THE CURIOUS GARDENER

#### The pleasures of poo

When I was a teenager, my head was filled with dreams of new clothes. I salivated over pictures of Biba mini-dresses and Mary Quant handbags, and the prospect of a new maxi -coat provided enough day-dream material for weeks. If my teenage self could see me now she'd be horrified. What really excites me nowadays is manure.

Having a load of manure delivered is heaven. I eye it hungrily as it arrives: what colour is it? How much straw is in it? How crumbly is it? As it tips off the trailer I lean over the growing pile to sniff its aroma, and I have to restrain myself from sinking my hands in it to test its texture.

The Victorians saw no objection to using human waste. The Beeton Book of Garden Management (published in the 1890's) advised: "All the sewage from the house should be conveyed into a large tank. In no other country is there such a waste of the richest manure as in these islands. Applied in a proper state of dilution, nothing can be more valuable to growing crops of every description." Even I draw the line at dipping a bucket into the septic tank, but I'll happily use any sort of farm animal manure available.

Our chickens don't produce enough poo to make it worthwhile stacking for a year to rot, so I put it straight into the compost bin where it helps the garden waste rot down more quickly. In the past we lived next to a pig farm, and we used to have huge quantities of pig manure delivered every year. Blackish, shiny and rich-looking, it resembled the darkest chocolate mousse, and when well-rotted it had a faintly meaty smell like steak-and-kidney pie. Nowadays it's horse manure I use, and while not quite so intoxicatingly rich as pig poo it still makes me feel as if I'm serving my garden a delicious meal. Bags of 'soil improver', artificial fertilisers and the like are all very well, but give me something that's come out of an animal's bottom every time.

Sue Russell

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#### Thank You

A huge thank you to everyone in this extraordinary caring community for all the help I've received, not only in the last few weeks but since August 2017 when all David's health problems first began. Whenever I was hospital visiting there were always willing helpers to give me lifts to and from Leominster to enable me to get the bus to Hereford. Over the last two years since David was unable to drive, I have monopolised The Good Neighbour Scheme and used friends and neighbours to get him to the doctor's surgery, the hospital and anywhere else he needed to go.

However since December last when things took a turn for the worse, it was amazing how so many of you were willing to pull out all the stops to get me to the hospital over Christmas at what was an extremely stressful time. To all of you who gave up your time over Christmas and responded to Angela's email, it was very much appreciated. I would also like to thank everyone who helped me organise The Celebration of David's Life from the printing of the Order of Service, to ensuring we could play the music I chose, to organising chairs at the church and so much more. My thanks to Sue Russell for playing the organ for our finishing hymn and to all of you who attended.

I know David's family were amazed at what a friendly bunch you all were and as for me, I already knew that, but Yarpole, over the last few years you have done me proud!

With love and appreciation, Jennie Martin

#### Maths Challenge - It's Marathon Season!

A pair of twins, Mike and Michelle, have decided to run the 26-mile London Marathon to raise funds for their favourite charity. Mike arranges sponsorship for £1,000 for each mile he runs. Michelle has arranged sponsorship so that for the first mile she raises 1p, for the 2<sup>nd</sup> mile she raises 2p, for the 3<sup>rd</sup> mile 4p (so after 3 miles she receives 7p in total). Each mile she runs in the marathon, the sponsorship for that mile is double that received for the previous mile.

Who will raise the most money? Answer on page 35.

Thanks to Gordon Ewing for sending in the maths challenge.



#### **Happy Birthday**

I turned 80 on the 1<sup>st</sup> of February this year. Thank you, you're very kind. At least, parts of me did. I'm still waiting for my teeth to catch up before I feel properly like the age I'm supposed to be.

I thought it might sound better in French – four twenties – but I'm kidding myself; or in Latin, but LXXX sounds too much like the size of some of my clothes. I have to feel particularly sorry for Val who, in her twenties perhaps, had she given a moment's thought to being married to a man in his eighties, would have been horrified. Whereas now ...

In one sense it was just like any other birthday: you're one day older, but that one day can make a difference to whether or not you can drink, vote or claim a pension; and how much you pay for insurance. It also makes a difference to how people see you. Those in their seventies might generally appear, to the outside, as a bit grumpy at times, but able to look after themselves, hold a conversation, and drive without bumping into things. Those in their eighties however are more likely to be deemed forgetful, dodgy on the roads, and tend to block doorways that have been held open for them, choosing that moment to launch into a long and rambling soliloquy, whilst queues lengthen on either side of the now impassable door. What a difference a day makes.

From the inside, as it were, there is no sudden transition, just one long, seamless experience from being a child, through adolescence and adulthood, into a calm, reflective period marred only by hyperactive grandchildren, aching joints, tip-of-the-tongue embarrassments and wondering what you have achieved in so many decades.

To get an idea of what eighty years look like from the outside, that is from the perspective of somebody who has not yet reached this venerable yearstone, I had to imagine them taking place during the eighty years before I was born. In 1864, during the reign of Queen Victoria, there were no motor cars, no aeroplanes, no rockets or spacecraft. Two World Wars and the Boer War were yet to come, not to mention a revolution in Russia. In the US meanwhile, Abraham Lincoln was starting his second term as President. There was no radio, no television, no electric light to see by in the evening. A few wooden hulls were being replaced by metal, but all ships would still have been powered by wind and sail. What a sight they must have been. You could have caught a lovely old steam train, and probably got to your destination on time. But nobody — not a single person — would have had a mobile phone. So I wouldn't have stood out like a sore thumb in those days.

I was treated to a few special days for the occasion, involving more than a modicum of good food, drink and merriment, which I hope will be repeated when my teeth eventually come of age. And I hope it will be repeated again for my 90<sup>th</sup>, which occurs on the auspicious date of 1234.

In the meantime, I'm still waiting for the wisdom to kick in.

#### "NO MOW MAY!"

Climate Change... yes those dreaded words that we have been hearing for so long... is now becoming more and more evident.

Last summer was the first year, since becoming a beekeeper, that I didn't harvest any honey from my bees. Yes they produced *some*, but not *enough*. It rained for days and the



honeybees stayed inside their hives. The sun came out for a day and out they came. Then it rained for days on end and so it went on. The result of which was the honeybees ended up having to eat the stores they were gathering as they went along, leaving them with little or no stores for themselves to get through winter let alone any extra for me!

For quite some time, loss of habitat has generally been thought to be one of the main causes in the decline of bees and other pollinators. But now they are having to deal with climate change as well and this is proving very stressful for them as the extreme weather conditions we are now witnessing for ourselves are having an effect on them too.

According to The Official Met Office Blog:

The seasons appear to be shifting and are therefore less predictable.

"Winter 2022 was drier, sunnier and slightly milder than average, with February particularly dry across England and Wales.

Spring 2023 brought into focus the shifting rainfall patterns around the UK; March was very wet in the south, in contrast May was drier than average in the north and west.

Summer 2023 was warmer and wetter than average with a record-breaking June.

**Autumn 2023 was** milder and wetter than average, with a fine start, a very wet October and a run of named storms."

How does this affect our pollinators? Excessive rainfall can make flowers very unattractive to bees. The nectar becomes diluted and therefore of no interest to the honeybees. The outcome of this is the possibility of food shortage.

By contrast, extreme dry conditions result in flowers producing less nectar. For example lavender: when it's dry it doesn't produce any nectar, and lavender is a really important shrub during the gap (the time between the spring blossoms and summer blooms) for the survival of many of the pollinators.

What can we do to help? Well, as the spring approaches, we can make a start by thinking about simple things like "No Mow May!" This is a campaign to encourage people not to mow their lawns until the end of May. Since the 1970's we have lost 97% of flower-rich meadows in which pollinators thrive. Allowing the grass to grow, wild flowers will add colour and attract pollinating insects that desperately need a bump start of pollen and nectar after the winter months.

If you don't like the thought of leaving your entire lawn unmown, then perhaps leave just a section. As the saying goes... "Every little helps".

Meriet Duncan

For more information about our honeybees visit mdthequeenbee.co.uk



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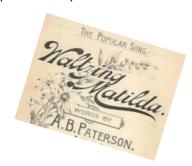
#### **Limerick Corner March 2024**

My old auntie Hilda (who really existed) attracted a record number of entries, and quite a lot of builders; since she wasn't the easiest name to rhyme with, the more credit is due to everyone who took on the challenge. In addition to those used by the winner and runner-up (a bottle each) other notable rhymes included 'skilled, her,' 'distilled her,' 'St Kilda', 'tilde,' and 'Dutch Guilder.'

#### Winner:

I had an old auntie called Hilda Who was wooed by a muscular builder. His skill with the drill Really gave her a thrill, But the bruise from his screws nearly killed her. (Sue Russell)





#### Runner-up:

I had an old auntie called Hilda Who dreamt she had wed Bob the Builder. She believed for a while That they walked down the aisle To the strains of "Waltzing Matilda" (David Cheshire)

This month's candidate for rhyming should allow for greater variety, but any left-field rhymes or ideas always have a special impact. If you haven't had a go before, now is your chance; and if you have, you may find it hard not to send in several. The usual t&cs apply: all entries to be sent to <a href="mailto:newsletter@yarpole.org">newsletter@yarpole.org</a> by **Friday 8th March,** to be judged anonymously, and a bottle of wine will go to the winner.

My sister-in-law, who's called Nellie

Jim Ainsworth

#### Answer to the Maths Challenge on page 30

Mike raises £26,000 Michelle raises £671,088.63



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#### Spend a Sunday Afternoon WALKING THE PYRENEES with Jake Evans

Join Conservationist and Storyteller JAKE EVANS for an entertaining afternoon of fascinating stories gathered from his solo 750km walk across one of Europe's last true wildernesses.

He was raising money for the Charity "Orca" and can tell us more about that as well.

#### Sunday 17<sup>th</sup> March 3pm St Leonard's Church

£6 on the door includes a cup of tea and a piece of cake Sponsored by St Leonard's PCC – all very welcome.





As everyone knows, Yarpole is powered by volunteers; and not just human ones. If you are a £5 note (or £10 or £20), you and your friends will be made very welcome at the Parishioner, as Adam has explained on page 8.

But if you would like something particular in return, which is often how it works, we might be able to publish a special edition on a topic of wide interest, whether about food, history (old photographs, or memories for example), the church, or whatever would appeal to readers. If you can let us know how your owner would like to spend you, please ask them to get in touch, either by a note (no, the other kind) left in the shop, or by email to <a href="mailto:newsletter@yarpole.org">newsletter@yarpole.org</a>. We want you to get your money's worth.



Thanks to Jane Praill for this photo of a waxwing: quite a rare winter visitor to the UK, but this year we've had an influx of them due to lack of food in their normal breeding areas in Scandinavia and Russia.

Thanks also to David Cheshire for this picture of an owl, taken at Clee Hill.



## Croft with Yarpole and Lucton Parish Church Services for March and April 2024



Date	Service	Church	Time
MARCH			
Sunday 3 <sup>rd</sup> March	Holy Communion – Book of Common Prayer	Croft	9:30
Wednesday 6 <sup>th</sup> March	Be Still	Yarpole	17:30
Sunday 10th March	Holy Communion	Yarpole	9:30
Sunday 17 <sup>th</sup> March	Holy Communion – Book of Common Prayer	Yarpole	8:30
Sunday 24 <sup>th</sup> March	Palm Sunday - Themed non liturgical service	Yarpole	9:30
Friday 29th March	Good Friday reflection	Yarpole	11:00
Saturday 30 <sup>th</sup> March	Easter Vigil	Croft	18:30
Sunday 31 <sup>st</sup> March	Easter Sunday – Holy Communion	Yarpole	9:30
APRIL			
Wednesday 3 <sup>rd</sup> April	Be Still	Yarpole	17:30
Sunday 7 <sup>th</sup> April	Holy Communion – Book of Common Prayer	Croft	9:30
Sunday 14 <sup>th</sup> April	Holy Communion	Yarpole	9:30
	PCC Annual Meeting and Evening Prayer	Yarpole	15:00
Sunday 21 <sup>st</sup> April	Holy Communion – Book of Common Prayer	Yarpole	8:30
Sunday 28 <sup>th</sup> April	Themed non liturgical service	Yarpole	9:30

Anyone wishing to contact a priest please phone or email: Rev. Matthew Burns on 01568 614399, teamvicarwest@leominsterteam.org.uk

To book a funeral, interment, wedding or baptism and for other information please phone:
Priory Office 01568 612124

Monday to Friday 9.30 – 1.00

Churchwardens: Oliver Elphick (515303) Jane Higgins (708390)

Thanks to Julian Stokes for the photo of The Bell at night on the front cover.